



## *1 Who are Heroes?*

### NOTES FOR TEACHERS

The purpose of this activity is to:

- Think of individuals that we consider 'heroes'
- Identify what makes them 'heroes', i.e. their qualities
- Compare different 'heroes' within the class
- Broaden the range of who we consider to be 'heroes'

Skills to be developed

- Identifying values that are considered important
- Develop a broader understanding of the range of values that others consider important and how they might differ from your own
- Make choices from an informed position
- Make responsible choices and consider consequences of these choices
- Develop a shared responsibility for one another

Activities

*For Discussion*

- Ask the pupils who are their heroes. What is it about these individuals that you consider heroic?
- Pupils draw or cut out a picture of someone they admire and put key words around the image that describe the hero's characteristics
- Class compare the range of heroes that have emerged. What qualities do they seem to have in common? Are there any particular qualities suited to a particular occasion?

*For Research*

- In pairs, find other examples of heroes on the internet and in books

*For Debate*

- Each pair makes a presentation of their hero to the rest of the class
- Class vote on who they think deserves the title of hero or do they decide on more than one?

*For Reading*

- Read the story of Thomas Young and Frederick Dobson
- Highlight the passages in the story that you think shows them to be heroes



*For Reflection*

- Are there people with disabilities that have done heroic things? Stephen Hawkins,
- Can children be heroes? Find out about the actions of some children who have made a difference i.e. 'The children's Awards' as carers or rescuers. Were these special children or ordinary children who acted in extraordinary circumstances?
- Can I be a hero? Have there been moments when you have felt proud of what you have done? Has this involved you in helping someone? If not can you think of an example where you have helped, maybe at home or with brothers and sisters?
- Do you agree with Mike Brace that David Weir should have been on the shortlist of Sport's Personality of the Year?
- Read the speech of Thomas Young. Would you expect a hero to make this kind of speech?



Weir enjoyed plenty of success in 2006

Mike Brace, The Chairman of the British Paralympic Association said it was unfair that David Weir was missed out of the shortlist for BBC Sport's personality of the Year.

The wheelchair racer did not make it onto the 10-strong list for the award.



Frederick William Dobson



*1 Make a Hero*



Thomas Young

In 1917, three years into the First World War, Thomas Young was asked to make a speech in front of a vast crowd of 15,000 people.

“I am not much of a speaker. There’s not man of the Durhams who wouldn’t have done what I did; it was just what any one of them would have done if he could. The thing happened to come my way and I did it. That’s all.”

Draw or paste a picture of your hero in the middle circle of the page. In the boxes around the picture write in the key word or words that makes this person someone you admire e.g. ‘thought of others’ and what they did to deserve being called this particular word.

